

# SWEET



## Supporting Women into Employment, Enterprise and Training. **Are you ready?**

The COVID-19 crisis won't last forever. As lockdown lessens, people will come back out of their homes and many will start looking for opportunities. Our advisers are here to help you find them!

**WELLBEING** - our advisers will help you get the support you need to stay happy and well.

**USE YOUR TIME** at home to start a training course, revise your CV and practise interview skills.

**PREPARE NOW** to make sure you are at the front of the queue when employers take on more new workers.

**SEARCH & APPLY** - there are jobs out there now or you could look for things for the near future.

So get in touch today for a telephone or online chat with our team.

**The service is independent, confidential and completely FREE.**

*Get ahead, get committed!*

## 020 7266 8254

Call to find out more about this free service

or email [pdtesocial@pdt.org.uk](mailto:pdtesocial@pdt.org.uk)

[www.pdt.org.uk](http://www.pdt.org.uk)

Our SWEET project specialises in helping women from ethnic minorities get into work and training.

Other projects that PDT manages can support people regardless of their gender or background.

We welcome people whether they do or don't have state benefits – all you need is the right to work in the UK.

**Advisers can assist virtually, for example by phone or WhatsApp, so you don't need to leave your home until you wish to access the service face-to-face.**

At PDT we have helped thousands of people get full and part-time jobs. And there are jobs out there even now - delivery jobs, call centre work and supermarket work.

There are also lots of new online training courses in almost every subject going. English, Maths, Childcare, Construction, Business Studies and lots, lots more.

